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**A Message From The
 Executive Director**

Hello all!

“Things happen.” “Life gets in the way.” Those are expressions you hear a lot. This is because so often we plan or expect certain things and then “things” happen and those plans and expectations go out the window.

It happened to me last weekend. I planned on driving my car until the motor would go to heaven and then I would buy a new car. Well, the motor and all parts are fine and probably would have been fine a few more years. However, when I wanted to get my car through inspections the mechanics called me over to “show me something”... they said. So, I walked with them to my car which was hanging high up in the air. We stood under my beloved car and looked at a huge rust hole in the main frame. Wow!

Needless to say, my car went to heaven earlier than expected as the value of my car was lower than what it would have cost to repair the frame.

My plans and expectations did not work out and I had to adjust my thinking towards a new car. So, I spent the following days researching cars. And, I found a great car.

This just reminded me that we always need to be flexible and open in our thinking and in the way we approach our daily lives. Planning is important but planning too far out often leads to disappointment when ‘things’ don’t work out.

My car story, hopefully, also reminds you that we should be mindful every day, enjoy every day, and be open to changes that can occur any time. Being present in the moment and not planning or worrying for and about the future makes us feel good and in control of our lives.

I hope you enjoy the beautiful month of September and I hope YOU...(yes, you guessed it :) WALK in nature.

Muriel

**Emergency/Extreme
 Weather**

The Senior Center is CLOSED when the Downingtown Area School District is CLOSED or DELAYED due to inclement weather.

Please call the Center if you are uncertain about our operating status.

**DASC Birthday Party will be held on September 19, 2018
 Entertainment by: Bob Stankard, Jazz Singer**

Sponsored by:



44 Years and Counting... Since 1974 Proudly Serving the Communities of

Downingtown, Caln, East Bradford, East Brandywine, East Caln, East Fallowfield, East Nantmeal, Elverson, Honeybrook, Upper Uwchlan, Uwchlan, Wallace, West Bradford, West Whiteland, West Nantmeal.

DASC Membership is available for seniors, ages 60+, who live in the central Chester County region and beyond. Membership is not required for participation at the Center, including lunch, or information/assistance, but is highly encouraged.

Membership begins on the date joined and expires one year from that date.

Member Benefits:

- ◆ Receive our monthly newsletter mailed to your house.
- ◆ Attend our professionally instructed programs and classes at a reduced cost with a **program punch card**.
- ◆ Participate in special “members only” parties, celebrations and other events.

*Most important though,
membership supports the Center!*

Membership Level	Cost	Tax Deductible Amount
Basic Individual	\$35	-
Basic Couple	\$60	-
Supporting Individual	\$50	\$15
Silver Individual	\$75	\$40
Gold Individual	\$100	\$65

Program Fee Schedule:

Some professionally instructed programs or classes on our schedule are marked “Fee.” They are offered at the following prices, unless otherwise noted.

1 session: \$5 (no punch card)
12 sessions: \$36 (punch card)*

A punch card is bought for \$36 which gives access to 12 sessions. Membership is required to purchase program punch cards.

Be our next Birthday Party Lunch Sponsor or Community Partner!

For more information: 610-269-3939

New Members Incentive
Get a Punch Card at half price!

Have a friend that wants to join a senior center? Bring them down to DASC! For every friend that you bring to DASC for a member, you and your friends will each get a punch card at half price!

**Rent our facility
for your next
Party or Meeting.
Call DASC for
information.
610-269-3939**

Participants Council

The **Participants Council** meets monthly to represent your needs & interests to the center’s staff. **Share your thoughts and ideas with any of the council members.**

Jasmine Allen	Janet Fowlkes	Gloria Kristof
Bob Lewis	Isabella Robinson	
Dolores Spoto	Judy Vorgang	Joyce Ward

“SPONSOR IT NOW”

“Purchase” items the Senior Center needs and then donate the item to the Center. These items qualify for Income tax deductions.

An IRS approved tax receipt will be sent to the donor via the USPS.

**Please consider this creative option
to supporting our Center.**

Building Costs:

Estimated Cost:

100 Mortgage Payment	\$2,840
101 Condo Fee	\$500
102 Utilities	\$700
103 Technological Support	\$250

Wellness Programming:

200 One month of Yoga (15+ seniors)	\$250
201 One month of Aquatics (15+ seniors)	\$600
202 One month of Core/Strength (10+ seniors)	\$600

Creative Learning:

300 One month of Fine Art Instruction (30+ seniors)	\$600
301 One month of Arts & Crafts (15+ seniors)	\$250
302 One month of Technology Instruction (8+ seniors)	\$500

Operating Supplies/Wish List:

400 Copy Paper (case)	\$45
401 Ink/Toner Cartridges	\$350
402 Monthly Raffle Fund	\$35
403 Case of Water Bottles	\$15
404 Assorted Batteries	\$25
405 Bingo Game Prizes	\$100
406 Seasonal Decorations	\$200
407 Paper Towels and Toilet Paper for a month	\$75
408 Trash Bags for one month	\$30
409 New Kitchen Cookware Accessories	\$200
410 Laptop Computer	\$400
411 Desktop Computer	\$400

Sarah Milam, our I & A Coordinator, is available by appointment to discuss your needs and direct you to appropriate resources. Stop in and meet her when you are at DASC.



Fresh Produce is Back

Chester County Food Bank will be delivering fresh produce each Wednesday morning through September of 2018. Produce will be available by 10:00 am at the DASC. Please bring bags to carry the produce home.

Information & Assistance

Important Numbers
DASC 610-269-3939

Elder Abuse Hotline
1-800-564-7000
Chester County Department of Aging Services
610-344-6350

Senior Citizen Home Maintenance Program—Sponsored by Housing Partnership of Chester County

This program provides basic home maintenance, repairs and access modifications for residents of Chester County, 65 years of age and older. There is a \$4,500 limit on work to be performed for each residence. Contact Sarah Milam at 610-269-3939 for more information.

Good Works of Chester County

Good Works is a Christian nonprofit organization founded in 1988 to assist low-income Chester County individuals and families with home repairs, old drafty windows, leaky roof, unsafe floors, heater not working? Assistance is completed at no cost to the homeowner....Contact Sarah Milam at 610-269-3939 for more information.

Tyler Arkatin

- Legislative Assistant to Senator Andrew Dinniman
- At the Downingtown Senior Center the 1st Thursday of every month, 11:00 – 12:15.
- Tyler can answer questions about Senior Programs & Services. Call the Center for an appointment.



Donate with Amazon Smile and select DASC as your charity of choice!

Lord's Pantry

Provides food to those in need living within the Downingtown Area School District.

- Open Monday and Tuesday 10am—12:30pm and Thursday 10am-12:30pm and 6pm-7:30pm.
- Closed weekends, holidays and when the Downingtown School District is closed for inclement weather.

Contact 610-873-1149 for info.

Community Volunteers in Medicine (CVIM)

Dental cleaning and other dental services are available.

Please see Sarah for contact information and 2 easy forms to fill out.

Senior Food Box Program

- ◆ For low income seniors who are at least 60 years old
- ◆ Food box contains: vegetable packages & fruit, meat, non-protein meat, cereal or oats.

Family Size	Annual Income	Monthly Income
1	\$18,090	\$1,508
2	\$24,360	\$2,030

Please see Sarah to sign up. Proof of age is required. If you qualify, food box pick up is the 2nd Thursday of the month at the Downingtown Area Senior Center. *Income is self declared.*

This institution is an equal opportunity provider.

New Frozen Food Box Chester County Food Bank

- Includes: 5 entrees, 5 starch, 5 protein, 5 veggie, 5 fruit, 5 bread, 5 butter, 5 snacks, 40 oz shelf stable milk.
 - Cost is \$22.50.
 - Stick in Oven or Microwave.
 - If interested, call Claudia at Food Bank 610-873-6000.
- DASC is a member agency with the Food Bank.**

Pennsylvania Property Tax/Rent Rebate Program

Homeowners income rebate

\$0-\$8,000= \$650 Standard
\$8,001-\$15,000= \$500 Standard
\$15,001-\$18,000= \$300 Standard
\$18,001-\$35,000= \$250 Standard

Renters income rebate:

\$0-\$8,000= \$650 Maximum
\$8,001-\$15,000= \$500 Maximum

For Seniors—65 years of age & older
Note: *Applicants can exclude one half of all Social Security Income*

Deadline is December 31, 2018

Ongoing Assistance

Sarah is available to help with all of the above and many other questions you may have.

- Apprise (Medicare) Counseling
- Reading or filling out forms
- SEPTA options
- Affordable Housing
- Social Security
- VA Benefits
- Welfare Benefits/Medicaid
- PACE/PaceNet
- PECO
- CAP
- Property Tax/Rent Rebate
- ROVER

Sarah: 610-269-3939

September 2018 Hot Lunch

Meal reservations are required. Sign up for the month, week, or day. **Must sign up 3 days in advance of any meal.** Check your selection on Copilot, or by calling the Center 610-269-3939. ****Menu is subject to change without notice.****



Chester County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Labor Day Special</p> <p>Hot Dog w/Sauerkraut 1/2c. Potato Salad 1/2c. Baked Beans HotDog Roll 1/2c. Tropical Fruit Salad</p>	<p>Chicken Marsala 1/2c. Buttered Bowties 1/2c. Broccoli & Carrots Wheat Bread 1/2c. Sliced Pears</p>	<p>Antipasto Salad 1.5oz Ham & Salami, .5oz Mozzarella, 2 Olive 1c. Tossed Salad w/tomato, Italian Drs pkt 1c. Wedding Soup w/Crackers Breadstick 1/2c. Sunset Peaches</p>	<p>Potato Crusted Pollock 1/2c. Cheesy Twists 1/2c. Stewed Tomatoes Wheat Bread Fresh Seasonal Fruit (Orange)</p>
<p>Beef Stroganoff w/ gravy 1/2c. Buttered Bowties 1/2c. Mixed Vegetables Wheat Bread Fresh Seasonal Fruit(melon)</p>	<p>Pineapple Glazed Ham 1/2c. Whipped Sweet Potatoes 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Chocolate Pudding</p>	<p>Stuffed Pepper w/tomato sauce 1/2c. Garlic Whipped Potatoes 1/2c. Coin Carrots Wheat Bread Strawberry Shortcake</p>	<p>Chicken Caesar Salad 1c. Mixed Greens w/Parmesan, Croutons, & Caesar Drs 1c. Minestrone Soup w/Crackers Breadstick 1/2c. Sliced Peaches</p>	<p>Hot Turkey, Bacon, & Cheese Jr. Club Sandwich w/condiments 1c. Cream of Broccoli Soup w/Crackers Sandwich Roll 1/2c. Applesauce</p>
<p>Sweet & Sour Meatballs (4) 1/2c. Egg Noodles 1/2c. Hawaiian Coleslaw Dinner Roll 1/2c. Sliced Pears</p>	<p>Chicken, Spinach & Cranberry Salad w/Balsamic Drs 1c. Mixed Greens & Spinach w/Cucumber 1/2c. Pickled Diced Beets Breadstick Cookie</p>	<p>September Birthdays</p> <p>Meatloaf w/Gravy 1/2c. Whipped Potatoes 1/2c. Green Beans White Bread Birthdays Cake</p>	<p>Pork Carnita Taco Topped w/sweet & sour slaw 1/2c. Rice w/Chives 1/2c. Corn Tortilla Fresh Melon</p>	<p>Steak Sandwich w/onions, peppers, cheese, condiments 1/2c. Ranch Seasoned Potatoes Hoagie Roll Fresh Seasonal Fruit (Melon)</p>
<p>Salisbury Steak w/Gravy Cheesy Whipped Potatoes 1/2c. Sweet Peas White Bread Brownie</p>	<p>Orange Glazed Pork Loin 1/2c. Vegetable Rice Pilaf 1/2c. Cauliflower Wheat Bread 1/2c. Applesauce</p>	<p>Baked Salmon w/dill sauce Baked Potato w/margarine 1/2c. Broccoli & Carrots White Bread Cookie</p>	<p>Creamy Chicken Salad Croissant w/lettuce & tomato 1c. Tomato Soup w/Crackers WG Croissant Fresh Seasonal Fruit</p>	<p>Chicken Primavera w/vegetable cream sauce 1/2c. Penne Pasta 1c. Tossed Salad w/Cucumber, Hardboiled Egg, Ital. Drs Garlic Breadstick 1/2c. Sliced Pears</p>
				<p>*Menu Subject to Change</p>

Center Membership is not required to participate in the lunch program. Per the Chester County Department of Aging, participants who are 185% or above of the poverty level are provided with an opportunity to make a voluntary confidential contribution. (\$2.00) for seniors 60 and older and \$4.89 for people under age 60.

September 2018 DASC Programming

Mon

Tue

Wed

Thu

Fri

3	4	5	6	7
 Closed	9-2..... ..Games & Puzzles 9:30Yoga* 10:30.....Walking Club 11:00.....Chorus 12:30.....Current Events 1:00.....Conversation with Kem 2:00.....Aquatics*	9-2.....Games & Puzzles 10:00...Balance & Flexibility 11:00....Bingo 1:00.....Reminiscing 2:00.....Aquatics*	9-2.....Games & Puzzles 9:30.....Poker 9:30.....Zumba 10:00.....Massage 10:30...Tai Chi* 10:30...Walking Club 11:00...Tech Class 1:00.....Flower Arranging 2:00.....Aquatics* 6:00.....Foreign Language Workshops	9-2.....Games & Puzzles 10:00.....Strength & Cardio 10:30....Historical Study of Biblical Times 11:00....Aquatics* 11:00....Tech Class 12:30....Bridge Club
10	11	12	13	14
9-2.....Games & Puzzles 10:00...Balance & Flexibility 10:00 ...AM Art* 12:30....Bridge Club 11:00 ...Aquatics* 11:00....Brain Games 1:00.....PM Art* 1:00.....Knitting/Sewing	9-2.....Games & Puzzles 9:30Yoga* 10:30...Walking Club 11:00...Chorus 12:30...Current Events 1:00.....Conversation with Kem 2:00.....Aquatics*	9—2 Games & Puzzles 10:00....Balance & Flexibility 11:00....Bingo 1:00.....Reminiscing 2:00.....Aquatics*	9-2..... ..Games & Puzzles 9:30.....Poker 9:30.....Zumba 10:00...Massage 10:30...Tai Chi* 10:30...Walking Club 11:00...Tech Class 2:00.....Aquatics* 6:00.....Foreign Language Workshops	9-2....Games & Puzzles 10:00....Strength & Cardio 10:30....Historical Study of Biblical Times 11:00....Aquatics* 11:00....Tech Class 12:30....Bridge Club 12:45....Participant Council Meeting
17	18	Birthday Party 19	20	21
9-2.....Games & Puzzles 10:00...Balance & Flexibility 10:00 ...AM Art* 12:30....Bridge Club 11:00 ...Aquatics* 11:00....Brain Games 1:00.....PM Art* 1:00.....Knitting/Sewing	9-2... ..Games & Puzzles 9:30Yoga* 10:30...Walking Club 11:00...Chorus 12:30...Current Events 1:00.....Conversation with Kem 2:00.....Aquatics*	9—2.....Games & Puzzles 10:00....Balance & Flexibility 1:00.....Reminiscing 2:00.....Aquatics*	9-2..... ..Games & Puzzles 9:30.....Poker 9:30.....Zumba 10:00...Massage 10:30...Tai Chi* 11:00...Tech Class 10:30...Walking Club 2:00.....Aquatics* 6:00.....Foreign Language Workshops	9-2.....Games & Puzzles 10:00....Strength & Cardio 10:30....Historical Study of Biblical Times 11:00....Aquatics* 11:00....Tech Class 12:30....Bridge Club
24	25	26	27	28
9-2.....Games & Puzzles 10:00...Balance & Flexibility 10:00 ...AM Art* 12:30....Bridge Club 11:00 ...Aquatics* 11:00....Brain Games 1:00.....PM Art* 1:00.....Knitting/Sewing	9-2... ..Games & Puzzles 9:30Yoga* 10:30...Walking Club 11:00...Chorus 12:30...Current Events 1:00.....Conversation with Kem 2:00.....Aquatics*	9—2.....Games & Puzzles 10:00....Balance & Flexibility 11:00....Bingo 1:00.....Reminiscing 2:00.....Aquatics*	9-2..... ..Games & Puzzles 9:30.....Poker 9:30.....Zumba 10:00...Massage 10:30...Tai Chi* 10:30...Walking Club 11:00...Tech Class 1:00.....Book Club 2:00.....Aquatics* 6:00.....Foreign Language Workshops	9-2.....Games & Puzzles 10:00....Strength & Cardio 10:30....Historical Study of Biblical Times 11:00....Aquatics* 11:00....Tech Class 12:30....Bridge Club

* Fee Charged

Whole Foods Update

Our new partner, Whole Foods is generously donating their surplus food to the Downingtown Area Senior Center. **On Mondays you may pick up some of the surplus food at the Downingtown Area Senior Center starting at 10:30 am.** Please bring bags to carry the food home. The food varies from week to week and may include fruit, bread, pastries, cookies, yogurt, etc.

Senior Farmers Market Nutrition Program

Program starts **June 4, 2018**

Get some fresh veggies from your local Farmers Market!

The program is income based.

1 person - \$22,459.00

2 people - \$30,451.00

3 people - \$38,443.00

4 people - \$46,435.00

Please come to the Downingtown Senior Center to get your vouchers. We will be distributing vouchers on Mondays, Wednesdays, and Fridays from 10:00-2:00. Please ask for Sarah.

Last day to pick up checks is Friday, September 28th, 2018.



CASINO TRIP

The casino trip is a go!! Yay, we have 54 participants for this fun outing. Bus leaves DASC at 8:30 am on September 10th and will return to the Center by 6:30 pm.



Artful Expressions Note Cards



**4 Note Cards
Donation:\$5**

Original art for the note cards is created by DASC Seniors and Friends of the Center.

The Art is the copyrighted work of the artist; reproduced by DASC with permission of the artist.

Many of the art pieces are created in the Neil Dreibelbis Fine Arts Classes at DASC.

Artful Expressions Note Cards are available at DASC, or online at DASCpa.org.

All proceeds benefit: DASC.



September Birthdays

HAPPY BIRTHDAY!

Micheline Dziekonski	09/02
Judy Carson	09/04
Joy Astwood	09/05
Tina Amoriello	09/11
Barbara Kuntz	09/14
Elizabeth Waldenmaier	09/15
Mary Bucci	09/16
Dorothy Johnson	09/17
Patricia Hepburn	09/18
Kathleen Deutsch	09/19
Aleta Foulds	09/19
Kay Lewis	09/19
Loretta Gray	09/20
Lillian Unruh	09/21
Janice Russell	09/23
Elizabeth Faust	09/24
Glenn Fortin	09/24
Marie Nigro	09/24
William Kefer	09/26
Alice Kazelis	09/27
Margaret Nisar	09/27
Bethel Lewis	09/28



New and Special Programs—September

SEPTEMBER 5TH—10:00 AM—11:30 AM

RITE AID PHARMACY—FLU & PNEUMONIA SHOTS

SEPTEMBER 17TH—11:00 AM

DR. MARK GODDARD—GODDARD EYE CARE
EYE CARE/GLAUCOMA PRESENTATION/DISCUSSION

SEPTEMBER 6TH—11:00 AM

SALLY FORD-BARR— REGIONAL REHAB AT
PHOENIXVILLE HOSPITAL—CHAIR EXERCISE SESSION

SEPTEMBER 17TH—12:00 NOON

ANDY DINNIMAN—MEMBERS /PARTICIPANTS 90 YEARS
& OLDER CELEBRATION

SEPTEMBER 7TH—11:00 AM

PATTI WINSTEAD—SARAH CARE
LIFE STORY ORIGINALS

SEPTEMBER 19TH—11:00 AM

SURREY - BIRTHDAY SPONSOR—PRESENTATION

SEPTEMBER 10TH—11:00 AM

ALWAYS BEST CARE SENIOR SERVICES
MUSIC BINGO & PRIZES

SEPTEMBER 19TH—12:30 PM

BOB STANKARD—SINGER BIRTHDAY PARTY
ENTERTAINMENT

September 12th—10:00 am—11:00 am

Neighborhood Health Blood Pressure Screening

SEPTEMBER 24TH—11:00 AM

JOEL PAYTON—PAYTON AGENCY
BINGO & PRIZES

SEPTEMBER 12TH—10:00 AM—12:00 NOON

VETERANS ID PROGRAM

SEPTEMBER 26TH—11:00 AM

LISA WOLFE—BUILD-A-BAND MUSIC EDUCATION

SEPTEMBER 12TH—12:00 NOON

PICNIC IN SEPTEMBER

SEPTEMBER 26TH—12:30 PM

49ERS CHORUS

SEPTEMBER 13TH—10:00 AM—12:00 NOON

MURIEL KENNEDY—FOREST BATHING

SEPTEMBER 27TH—10:00 AM—12:00 NOON

MURIEL KENNEDY—FOREST BATHING

SEPTEMBER 27TH—12:00 PM —2:00 PM

DOWNINGTOWN FRIENDS/PHILADELPHIA VOTERS
REGISTRATION TABLE

“Forest Bathing “ is the healing way of Shinrin-yoku Forest Therapy, the medicine of simply being in the forest. Shinrin-yoku is a term that means "taking in the forest atmosphere" or "forest bathing." It was developed in Japan during the 1980s and has become a cornerstone of preventive health care and healing in Japanese medicine.”

The next outing for this program will be on September 13th. If you will be attending this event, the bus will be leaving the DASC Center at 10:00 am. If arriving at the Center on Rover, please have your arrival time that day before 10:00 am. We will be leaving the Center at 10:00 am and return at approximately 11:45 pm.

Member Spotlight On Isabella Frances Williams Robinson

Isabella Frances Williams Robinson was born on November 21, 1932 at the “Buck” in Brandywine Township, Downingtown, PA.

I went to school in Coatesville, PA at the James Adams School, KG to 9th grade, Scott High School—10th to 12th grade in 1950.

I am a widow and the mother of two boys and two girls and 13 grandchildren.

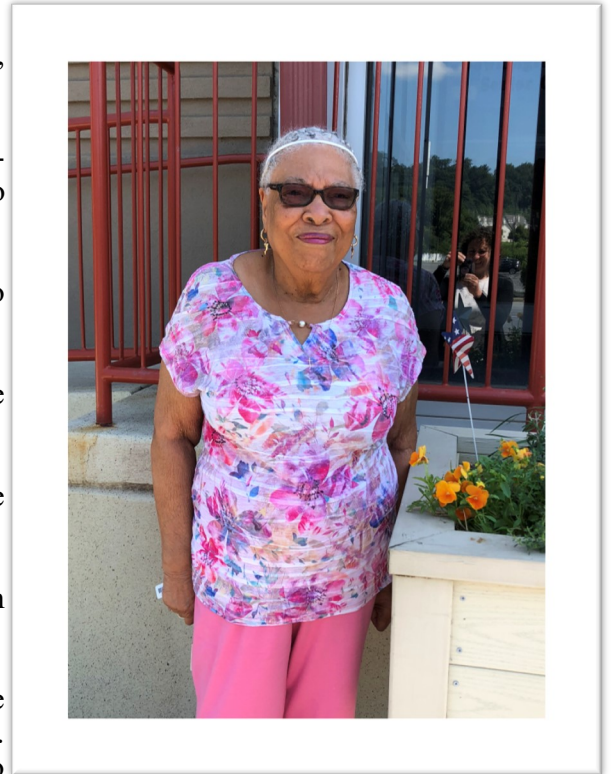
I spend four days a week here at the Center to exercise and play games. I also have been learning to do Looming.

The DASC is a very good place to meet new people and make new friends.

I worked at the Coatesville VA Center for 28 years in the Food Service Department and later as a LPN.

I live with my oldest daughter and she likes to share the produce from her garden with the members of the Center. My daughter also makes snacks for the Center from time to time.

The staff at the Center have been very good with getting programming of all kinds and fun things for all of us to do, like “Build a Band.”



Fall Clothing Drive For Homeless

DASC is accepting donations of warm clothing, coats, socks, shoes, gloves, hats, etc. for the homeless in Philadelphia.

Please bring new or clean gently used items, in bags, from September 17th through September 21st to the Center. Thank you for thinking of others and keeping the homeless warm this Fall. For more information call the Center at 610-269-3939. Thank you!

A Special Thanks!

A special thanks to our Sponsors and all who donate to the Senior Center. Your generous support helps to keep our Center the great place it is for all seniors to come to.!!

Things To Do In Chester County & Beyond—September 2018

- **Longwood Gardens Fireworks—September 1st and September 29th—8:15 pm**
- **Lionville Fire Company— Annual Labor Day Weekend Clam Bake—September 6th—1 pm—\$40 for adults, \$20 for kids 3—12 years old, includes 3 dozen clams, burgers, hot dogs, drinks, live music. Proceeds to benefit Lionville Fire Company.**
- **4 Paw’s Rescue—Haylofts’ September Barn Sale - September 16th—12 noon to 4 pm—690 Upper Pine Creek Road, Chester Springs, PA—meet some adoptable dogs The barn will be full of vendors selling jewelry, vintage & antique furniture, etc.. There will also be a farmers market featuring local produce, fresh eggs, baked goods and more.**
- **Log House Arts and Craft Show—September 15, 2018—9 am to 2pm—Kerr Park, Log House Field Area, 20 East Lancaster Avenue, Downingtown PA, The Log house arts and crafts is an annual event. All proceeds will go to the Minquas Cannon Project, which will help build a monument for their Civil War era cannon, to be enjoyed for generations to come.**
- **Dressage At Devon—September 25 thru 30—Tuesday 8AM thru Sunday 5PM**
Dressage At Devon is an annual event. Devon Horse Show Grounds, 23 Dorset Road, Devon PA 19333. Dressage at Devon – has been the premier North American equestrian event since 1975. It combines world class dressage competition and the world’s largest open breed show with the international Fall Festival shops and special activities for the entire family.
- **The Downingtown Fall Festival (FallFest) September 30, 2018 – 11AM to 4PM – rain or shine.** Green Street and East Pennsylvania Avenue, Downingtown FallFest is a Downingtown-Thorndale Regional Chamber of Commerce event, in partnership with Victory Brewing Company and the Borough of Downingtown, showcasing local crafts, restaurants and businesses for our region.

Joint Pain Seminars

Brandywine Hospital Tower Health will be holding two Joint Pain Seminars, September 12th at the Learning Center, Third Floor from 1 pm to 2 pm and September 26th at Tel Hai Retirement Community from 7 pm to 8 pm. To register for this free joint pain seminar all 610-383-4608.

Voter Registration Table

Downingtown Friends/Philadelphia Voters will be at the Center on September 27th from 12:00 noon—2:00 pm.

If you need to register to vote, stop by the Center on the 27th!

August Activity Photos at DASC



Chester County Bird Club visited the Center on August 16th! Thank you for coming and for the education on exotic birds.



DASC'S August Birthday Members!



August Birthday Entertainers, Cindy & Michael McGrath, Music in the Living for Seniors.



Our member, Ajit Trasi, with his drums from India during a Build-A-Band Music Session.

Save The Dates



Help Support The Downingtown Area Senior Center!

Visit Bonefish Grill, Lancaster Avenue, Exton, Pa for a delicious meal on October 22, 23 and 24. Bonefish Grill will be donating 20% of the total purchase price of food you order, to the DASC.

Important—please mention that you are there to support the Downingtown Area Senior Center to your waiter or waitress. If you do not mention you are supporting the Center, we will not receive the 20% of your purchase donation.

Note: Bonefish Grill opens at 4:00 pm through 10:30 pm daily.



Veteran's Mark Your Calendar

Coming to the Senior Center, September 12th, from 10:00 am – noon, the Chester County Recorder of Deeds office will record your discharge form if you have not already done so, They are kept in confidential records and are always available to Veterans should you need a copy and or a certified copy.

They will also take your photo for a special ID card that will provide you with discounts at participating businesses across the county .

Honoring Our Seniors

September 17th—12:00 Noon Senator Andy Dinniman will be recognizing seniors who have reached 90 years or older with Special Certificates of Recognition. Come join us for this special day! If you would like a State Certificate and would like to be part of this celebration, please call the center by September 10th and ask for Kathleen. Phone—610-269-3939.

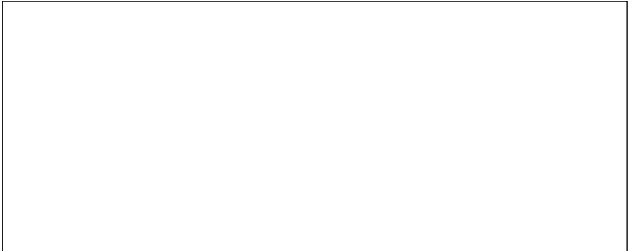


Flu Shots at DASC

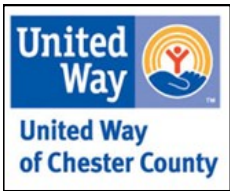
September 5th— 10:00 am—11:30 am
October 12th— 10:00 am—12:00 noon

Downingtown Area Senior Center, Inc.
 983 East Lancaster Avenue, Condo 3A
 Downingtown, PA 19335
 610-269-3939 DASCpa.org
Hours: Monday-Friday, 9AM-2PM

NON PROFIT ORG.
 U.S. POSTAGE
PAID
 PERMIT NO. 393
 WEST CHESTER, PA 19380



OR CURRENT RESIDENT



The Downingtown Area Senior Center, Inc. is a registered 501 (c) (3) charitable organization. The Center receives partial funding from the Chester County Department of Aging Services and the United Way of Chester County. Other funding provided by contributions from foundations, local municipalities, local civic groups, businesses, and individuals. The center's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement. ID# 23-2346238

Be our Community Partner!

Reach out to our senior neighbors!

Sponsor:

- Our Monthly Birthday Party.
- Programs.
- Fundraising Events.

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